



**FOR IMMEDIATE RELEASE**

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Press Contact: Amber Grabowski

203-263-3711 ext. 10 or [www.flandersnaturecenter.org](http://www.flandersnaturecenter.org)

***Hike to the BOG at the Whittemore Sanctuary  
Celebrate Connecticut Trails Day***

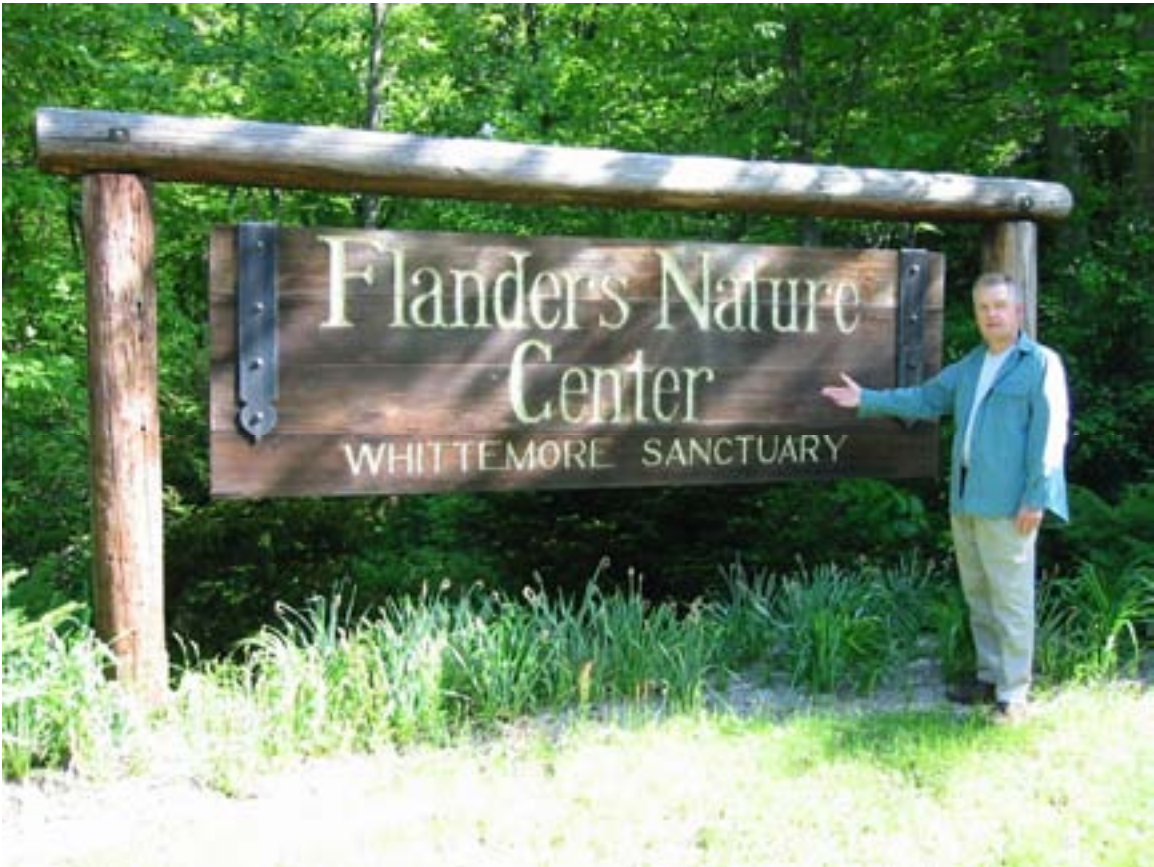
**WOODBURY** . On June 6<sup>th</sup>, Flanders Nature Center & Land Trust and The Woodbury Open Space Committee will take part in Connecticut Trails Day, a statewide commemoration of the beauty and advantages of trails throughout Connecticut.

From 10 AM to Noon, there will be a hike to BOG+at Flanders Whittemore Sanctuary. The beautiful 700 acre Sanctuary with miles of hiking trails is the largest preserve by far in Woodbury, and is located right off route 64 in Woodbury.

The bog you will be viewing is a rare bog. Connecticut was covered in glacial ice during the last (Wisconsin) glaciation and landscapes were formed by melting and retreating glacial ice, which created abundant settings for bogs to develop. Bogs are typically wetland landscapes; they can be spongy, soft, soggy, or moist. However, they are usually drier farther in from the edges.

The day promises to be gratifying for those who are interested in the hike. Participants will leave from the parking lot of the Whittemore Sanctuary (off Route 64 in Woodbury) at 10 AM. Pre-registration for the event is not required, but information can be requested by calling Flanders at 203-263-3711 x10.

Flanders Nature Center & Land Trust is a nonprofit organization that focuses on environmental education, and on the acquisition, conservation, and stewardship of open space. Through its land trust initiatives, Flanders actively works to protect important natural sites and the area's landscape character and quality of life. The Flanders Land Trust manages more than 1900 acres of preserved land in Woodbury and neighboring towns. Educational programs for children and adults are offered at the Van Vleck Farm Sanctuary, Flanders' main campus in Woodbury. Trails at its major nature preserves are open to the public at no charge from dawn to dusk.



Geoff Whan  
Chairman of Flanders Land Management Committee